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Although taught within kata

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(□ or □) and sometimes used within informal randori (□□), striking techniques are forbidden in standard judo competitions rules.. Ude-ate-waza (□□□□): arm striking techniques Kobushi-ate-

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waza: fist techniques.

Tsukkake or Tsuki-kake:

Straight punch; Mae-naname-

ate: Front crossing blow;

Naname-tsuki or Mawashi-

tsuki: Roundhouse punch or

circular punch

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[Judo techniques](#)

All Judo techniques (wazas) are divided into the following groups: Throwing Techniques: Nage-Waza. Nage-waza (throwing

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technique) is a Japanese term for a grappling technique that involves off-balancing or lifting an opponent, and throwing them to the ground. Throws usually involve a pulling and

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rotating motion, the practitioner performing the throw usually stays balanced on their feet ...

[Judo techniques](#)

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En France, les grades inférieurs à la ceinture noire sont délivrés par un professeur de judo diplômé d'État, le plus souvent à la suite d'un passage de grades organisé par le club, selon

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des critères techniques, des résultats ou participations aux diverses compétitions, du comportement de l'élève (lié au code moral du judo) qui porte sur la présence durant la saison, vis-à-vis ...

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[Judo Fundamentals: Waza
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The name Judo was chosen because it means the “gentle or yielding way”. It

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was introduced into the Olympic Games in 1964 and is practiced by millions of people throughout the world today. It is best known for its spectacular throwing techniques but also involves

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considerable grappling on the ground utilizing specialized pins, control holds, arm locks, and Judo choking techniques. It ...

[Names of Judo Techniques |](#)

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Judo (柔道, jūdō, Japanese pronunciation: [d͡zɯ̥̟̚doː], lit. "gentle way") is generally categorized as a modern Japanese martial art, which

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has since evolved into a combat and Olympic sport. The sport was created in 1882 by Jigoro Kano (嘉納治五郎) as a physical, mental, and moral pedagogy in Japan. With its origins coming from

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jujutsu, judo's most prominent feature is its ...

[Kodokan Judo Institute](#)

The Gokyo no Waza is the standard syllabus of Judo

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throws originated in 1895. From 1920 to 1982 the Kodokan Gokyo no Waza was made up of 40 throws in 5 groups and these were all of the throwing techniques in the Kodokan syllabus.

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Around the 100th anniversary of the Kodokan (1982) a group of 8 traditional Judo throws were recognized that had been taken out in 1920, and 17 newer techniques were ...

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[Judo, l'actualité sur ALL JUDO
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At the start, the techniques of judo are studied. Both children and adults learn how to fall safely, how to

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throw, how to pin down and
for adults only how to
strangle and armlock. Some
of the theory behind the
moves, to ensure safety, is
also taught to the student.
Safety is considered

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paramount. All students learn the Japanese name for each technique, and they practise in a relaxed and non ...

[Verbal Judo](#)

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plateformes techniques pour
les enseignants (ligue hdf)
fonds de solidarite pour les
associations; declinaison des
decisions sanitaires pour le
sport et echeancier de
reprise de l'activite judo;

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violences sexuelles dans le
judo; reprise formation
as/ac/cfeb le 29 novembre :
planning actualise ; rappel
carte professionnelle
educateur sportif; formations
cqp et bpjeps 2020/2021;

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[Judo - Wikipedia](#)

These techniques are usually called Mano y Mano which translates to hand to hand.

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In the Arnis, the weapons are naturally viewed as an extension to the body of the practitioner and this means that practicing using a certain weapon will naturally improve the way this warrior

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fighters bare handed.

[Judo Fanatics](#)

Still, there are some splinter groups of judo like judo-do (Austria) and Kosen Judo

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(similar to Kodokan but more grappling techniques are utilized). Three Famous Judo Fighters in MMA Pawel Nastula: This Polish fighter was the 1995 and 1997 Judo World Champion and also

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took home gold at the 1996
Olympic Games in Atlanta,
Ga.

[FFBJ Fédération Francophone
Belge de Judo - FFBJ](#)

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Judo (Japans: 柔道, 柔道道場, jūdō) is een van oorsprong Japanse zelfverdedigingskunst, die rond 1882 werd ontworpen door Jigoro Kano. Het woord betekent 'zachte weg

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(manier)', waarbij het woordje do verwant is aan tao en naast de betekenis 'manier' ook de connotatie heeft van 'levenspad'. Een beoefenaar van het judo heet een judoka.

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[JUDO TECHNIQUES:](#)

[Toshihiko Koga 黒川 俊彦 \(JPN\) -
Judo Clinic ...](#)

This page provides
information on a wide variety
of Aikido techniques (i.e.

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elbow control, throws, etc.). Aikido is a Japanese martial arts with hundreds of different techniques and combinations. Nevertheless, we have tried to list a number of the most common

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basic techniques and/or well-known techniques used in Aikido and provide you with instructional videos for these techniques.

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Judo et ju-jitsu moderne.
Nage waza est un terme japonais signifiant « technique de projection ». Il fait référence à des techniques de ju-jitsu et des disciplines en découlant,

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comme le judo et l'aïkido..
Les Nage Waza sont classées
de la manière suivantes : .
Tachi Waza : technique en
position debout . Te Waza :
technique des mains et des
bras

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[Home - European Judo Union](#)

La FFJDA prend également
les mesures de protection
techniques et
organisationnelles
adéquates, telles que

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définies dans la réglementation en vigueur, afin de protéger les données personnelles que nous traitons. La FFJDA prend notamment des mesures de sécurité appropriées pour les

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traitements de données
personnelles sensibles et des
risques y afférant. Nos
mesures de sécurité, appl

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Técnicas. O judô apresenta muitas técnicas, agrupadas em (1) nague-waza (técnicas de arremesso), composta por dois subgrupos: o primeiro, tachi-waza (técnicas de projeção em pé), envolve

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técnicas de ashi-waza (técnicas de perna), te-waza (técnicas de braço) e koshi-waza (técnicas de quadril), enquanto o segundo subgrupo é composto por sutemi-waza (técnicas de

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sacrifício ...

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